

Mir Pace International's 4th Annual Kayak Race



Sponsored in part by the Rotary Club of Cohasset

Meet us on July 12, 2008, at Lincoln Maritime Center, Hingham, MA
(adjacent to Hingham rotary on Rt. 3A)

Canoes/other paddleboats also welcome!

**You can help bring life-saving solutions to children and families living in poverty!
Your entry fee will feed three families for one month!**

ALL PARTICIPANTS MUST WEAR LIFE JACKETS AND WHISTLE!

Registration and Check In: 8:00 a.m.
Long Race Start: 9:00 a.m.

Instruction for Beginners: 8:00 a.m.
Beginners/Children's Short Course Start: 9:15 a.m.

Registration Fee: \$20.00 PER PADDLER Day of Race: \$25.00 PER PADDLER
Wheelchair Accessible

Need a kayak? Limited number of rental kayaks are available on a first come, first served basis, through **Nantasket Kayaks** at Steamboat Wharf Marina in Hull, **REI** at the Derby Street Shops in Hingham (member discounts apply), as well as through **Eastern Mountain Sports** on Route 3A in Hingham. When calling Nantasket Kayaks or EMS, identify yourself as a *Paddle for Poverty* participant to receive their very generous discounts!

****Creative Attire and/or Kayak Decorations Encouraged!****

**T-Shirt for first 100 Entrants
Post Race Awards and Refreshments**

Name: _____ M/F Age: _____

Name: _____ M/F Age: _____

Address: _____

Address: _____

E-mail Address: _____

E-mail Address: _____

Single

Tandem

I have read, understand and accept Mir Pace International's Release and Waiver of Liability.

Amount Enclosed \$ _____

Signature

Mail this registration form with check payable to:

Paddle For Poverty

Mir Pace International

1173 Nantasket Avenue, C-6

Hull, MA 02045

Download Registration Form at:

www.mirpace.org/Paddle4.htm

Questions? Call 781-925-0090

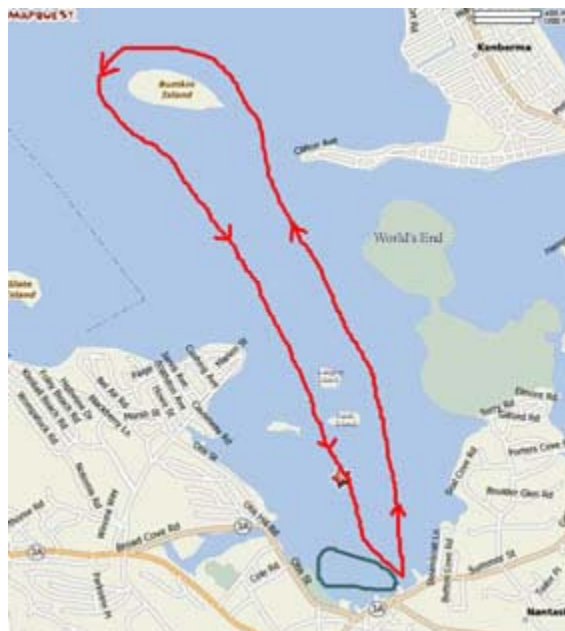
Race Courses

Long Race – 3 miles

Race will begin off Lincoln Maritime Center, straight out beyond Sarah and Langley Islands, around Bumpkin Island, and return to the finish line at Lincoln Maritime Center.

Short Course

Armed with a small fishing net, your race will begin off Lincoln Maritime Center. As you navigate your way around markers set in the inner bay, you will also “save” as many Mir Pace ducks as you can, and bring them to safety at the Lincoln Maritime Center finish line. A prize awaits the paddler who saves the most ducks!



Release and Waiver of Liability

*Please read carefully before signing. This is a Release of **Liability** and **Waiver** of certain legal rights.* I agree and understand that kayaking is a hazardous activity (hereinafter “Activity”). Further, I recognize that there are risks, including, but not limited to changing weather conditions, changing water conditions, hidden and underwater obstacles, changing and unpredictable currents, drowning, exposure and overturning. I recognize that injuries are a common and ordinary occurrence of the Activity. I hereby agree to freely and expressly assume and accept any and all risks of injury or death while participating in Mir Pace International’s *Paddle For Poverty*. Nonetheless, I voluntarily elect to participate in the aforementioned Activity. I hereby assume all risks which may be associated with and/or result from my involvement in such Activity and hereby hold harmless, release, indemnify and defend and covenant not to sue Mir Pace International, Lincoln Maritime Center, Inc, the Town of Hingham, and/or all Sponsors, (hereinafter “MPI”) their respective officers, directors, agents, servants, volunteers and employees, of and from any **liability**, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage or injury, including death, that may be sustained by me while participating in the Activity, including, but not limited to, those injuries and damages caused in whole or in part by the negligence and/or breach of warranty, express or implied, on the part of MPI. I understand that in the event of a serious medical emergency, treatment may be several m away. I authorize MPI and/or its authorized personnel to call for medical care for me, if, in the opinion of such personnel, medical attention is needed for me. Further, I agree to pay all costs associated with such medical care and shall indemnify and hold harmless MPI of and from any costs incurred therein. I agree that any and all disputes between MPI and me arising from my participation in the Activity and including any claims for personal injury and/or death will be governed by the laws of the Commonwealth of Massachusetts and exclusive jurisdiction thereof will be in the state court residing in the county where the alleged tort occurred or the federal courts of the Commonwealth of Massachusetts. This Release shall be binding upon my assignees, subrogors, distributees, heirs, next-of-kin, executors, personal representatives and administrators and may be plead by MPI as a complete bar and defense against any claim, demand, action or causes of action by me or on my behalf.



Mir Pace International empowers high school students to change lives through long-term global community building. Mir Pace’s program goals are not only to introduce U.S. high school student volunteers to other cultures, but to also expose them to “poverty” at a level previously unknown to them. Subsequently, our young volunteers return home to the United States more appreciative of their own personal comforts and surroundings, profoundly gratified by having helped others less fortunate, and with the realization that they can make a positive difference in their community and in the world! Mir Pace is working in the US, Guatemala and Tanzania, E. Africa. All proceeds from the *Paddle for Poverty* will go directly toward our aid and development initiatives in the communities we serve.

“ My trip to Guatemala with Mir Pace opened my eyes...it was amazing to see so much poverty amongst a million smiles and open hearts!”

Jenna Forest, 2008 April IHSM Volunteer